

RISE EAT RELAX

BREAKFAST

Stone-baked sourdough toast v 8
Butter and preserves

Doreen free range eggs your way v df 12
Served with stone-baked sourdough

Beveridge honey granola v df 16
Local yoghurt, rhubarb, bee pollen

Smashed avocado v 16
Ricotta, sourdough, seeds, Korean chilli

Waffles and our smoked salmon df 18
Poached local eggs, asparagus, hollandaise

Brekky roll df 16
Free range egg, bacon, maple smoked BBQ sauce

Chickpea fritters v, df 18
Falafel, feta, poached egg, roast cherry tomatoes and dukkah

The Grove df 19
Free range eggs, bacon, chorizo, hash brown, tomato, spinach, mushrooms, stone-baked sourdough

Breakfast sides 4.5
Avocado, halloumi, sautéed spinach, roast tomato bacon, potato hash, breaded mushrooms

KIDS BREKKY

Waffles and maple syrup 8

Scrambled eggs and toast 9

Smashed avocado on toast 9

Ham and cheese toastie 8

Kids clubhouse 10
Eggs, bacon, hash brown, toast

JUICE

Straight up orange 5.5

Cloudy apple 5.5

Carrot top 5.5
Carrot, apple, ginger

Purple recovery 5.5
Beetroot, cucumber, coconut water, banana orange, prebiotic fibre and lemon

SMOOTHIES

Add protein powder +2

Breakfast smoothie 8
Mixed berries, rolled oats, greek yoghurt

Bananarama 8
Banana, skim milk, honey

Level up 8
Espresso shot, banana, skim milk, cocoa, dates

Berrylicious 8
Forest berries, natural yoghurt, bee pollen

HOT BEVERAGES

Coffee 4
Espresso, long black, cappuccino, flat white, latte, piccolo

Tea 4.5
English breakfast, earl grey, peppermint, green or chamomile

Hot chocolate 4

At "The Grove" we are committed to a healthy, sustainable way of life. It is our goal to source locally grown produce, organic where possible and raised by our local farmers and Victorian suppliers who share our ideals.

The Grove Suppliers

Redwood Farm | Doreen Egg Farm |
Free Range Chickens - Hazeldene's Farm |
Bizzy Bee Hive Honey | Salute Oliva | Seafood Store |
Epping Vegetable Market | Burrata - Amore |
Valenca Free Range Pork | Kilmore Lamb

10% surcharge on public holidays