## BEVERAGES

COFFEE / TEA

**ESPRESSO** 3.00 **AFFOGATO** 7.50 MACCHIATO 3.00 8.80 ICED COFFEE 3.50 MOCHA MILK ALMOND / COCONUT 1.00 3.50 LATTE EXTRA SHOT 0.50 MINTY CACAO, MATCHA, TUMERIC, BEETROOT

3.50 TEA

GREE, EARL GREAY, ENGLISH BREAKFAST, PEPPERMINT

CHEAT DAY SHAKES

PEANUT BUTTER CHOCOLATE PEANUT BUTTER BANANA







## GELATO

### POWERED BY PROTEIN / VEGAN

9 EXCLUSIVE FLAVOURS. 1 SCOOP 5.50 2 SCOOP 8.80 WITH 3 X THE PROTEIN VS. 3 SCOOP 10.90 THE COMPETITION & 0.5L 17.50 30% LESS SUGAR 26.00 CLASSIC / SORBET 1 SCOOP 4.80 2 SCOOP 6.80 3 SCOOP 8.80 Flavours of classic & vegan vary 14.00 0.5L every week so pop in and discover! 1L 23.50

## OUR PHILOSOPHY IS SIMPLE NDULGENT WELLNESS

We believe denying yourself of certain types of foods because they make you feel guilty is counter productive to overall happiness & can lead to negative or obsessive views towards foods. We have carefully redesigned your favourite desserts by using the natural power of nut butters, dairy & plant based proteins whilst avoiding refined sugars, preservatives & fake stuff! We offer solutions to make better choices!

#peanutbutterbar #peanutbutterrevolution



OPENING HOURS Sun - Thu 11am to 10pm Fri - Sat 11am to 11pm

**ENQUIRE** about private functions, pre-order full cakes, catering trays 161 NORTON ST, LEICHHARDT Ph: 8054 0566

PEANUT BUTTER

www.peanutbutterbar.com.au





# **PROTEIN SHAKES**

**BEAST MODE** 

SHRED4SUMMER

MUSCLE TONING / DELICIOUS FAT BURN

IRON MAIDEN

FAST RECOVERY / POST WORKOUT

**GAINZ4DAYZ** 

MUSCLE BUILDING POTION / ENERGY

ALMOND OR COCONUT MILK +\$1.00

### PROTEIN POWER

PROTEIN GELATO + WHEY

**BERRY GOOD** 

BANANA REPUBLIC

CHOC PEANUT BUTTER NUT

### VEGAN

PEANUT BUTTER DATE CHOCOLATE BANANA BLUEBERRY OATMEAL

# **MADE TO ORDER**

### PROTEIN PANCAKES GLUTEN FREE

PRUNE, YOGHURT & ALMOND 16.50
PEANUT BUTTER BANANA 16.50
VEGAN 16.50

### **OVEN HOT PROTEIN GLUTEN FREE**

SERVED WITH A SCOOP OF PROTEIN GELATO

SALTED PEANUT BUTTER & CHOC CHIP COOKIE 16.50 RED VELVET BROWNIE 16.50

#### **CHEAT DAY**

**R** 7.95

9.95

**R** 6.95 **8**.95

R 7.95

**1** 9.95

SERVED WITH VANILLA BEAN GELATO

PEANUT BUTTER CHOCOLATE LAVA CAKE 15.50 STICKY DATE & PEANUT BUTTER 15.50 MUST HAVE EXTRA 4.95

A SCOOP OF PROTEIN GELATO & SHOT OF PEANUT BUTTER

## WHOLE CAKES (serves 10 - 12)

PEANUT BUTTER CHEESCAKE 55.00
REESE'S CHEESCAKE 55.00
PEANUT BUTTER RICOTTA 55.00
PROTEIN CHOC PEANUT BUTTER 55.00
VEGAN CHEESCAKE 75.00

# **BAKED DAILY**

### HIGH PROTEIN GLUTEN FREE

(NO REFINED SUGAR, GLUTEN FREE HIGH PROTEIN)

COOKIES DOUBLE CHOC, CHOC CHIP, RED VELVET
CASEIN, BROWN RICE PROTEIN

BROWNIES & BLONDIES
SWEET POTATO, BROWN RICE PROTEIN CASEIN

DOUBLE CHOC PEANUT BUTTER PROTEIN CHEESCAKE
CHOCOLATE PROTEIN MOUSSE
PEANUT BUTTER COOKIE SANDWICH

9.95
BROWNIE SUNDAE
12.00

#### VEGAN GLUTEN FREE

ACAI SERVED WITH PEANUT BUTTER

BERRY CASHEW CHEESECAKE

CARAMALISED BANANA TART

CHOCOLATE RASPBERRY TART

CHOC WALNUT BROWNIES

13.95

9.95

4.95

#### CHEAT

PEANUT BUTTER CHEESECAKE 8.95
REESE'S STYLE CHEESCAKE 8.95
PEANUT BUTTER RICOTTA 8.95
PEANUT BUTTER TIRAMISU 7.50
PEANUT BUTTER CRÈME BRULEE 6.50











